

Snack!

(guilt-free.)



Satisfy Your Cravings...

Big Freeze is your locally-owned home for the best artisanal frozen yogurt in Upstate New York. With over two dozen flavors to choose from, there's a little bit of something for everyone. And you can enjoy great flavor with nutritional benefits. According to Medicine-Net.com, frozen yogurt was rated as the healthiest desert, having less than one-fifth the amount of calories as regular ice cream. So whenever you're craving a nutritious late afternoon snack, remember Big Freeze...Stop by any one of our locations and refresh your day!

Big Freeze **YOGURT SHOPS**

COLONIE LATHAM SARATOGA SPRINGS QUEENSBURY

Refresh Your Day at Big Freeze



Go Reward Yourself!

BOGO!

Buy One Yogurt,
Get Another Free!
(of equal or lesser value)

Big Freeze

\$2 OFF!

Any Purchase of
\$8 Or More At
Big Freeze.

Big Freeze

Big Freeze YOGURT SHOPS

COLONIE LATHAM SARATOGA SPRINGS QUEENSBURY